



Information Sheet No. 39

Children and adolescents in need of care

Due to a congenital illness, disability, accident or for any other reason, a need for care of children and adolescents can exist. The families are in such cases faced with complex challenges: What are the requirements for a degree of care for children? What kind of support do children need in day care and at school? What aids or conversion measures in the domestic sphere are funded for children and adolescents with a handicap? Children and adolescents should be integrated into the help and care system as early as possible in order to promote their independence in coping with daily life and life management. The goal is to provide a personalized care to improve the living situation.

Specialised **children's ombudsmen** at the care support centres provide advice to families with children and adolescents in need of care. Here, families receive assistance with applications, information about benefits and advice on appeals and alternatives. If necessary, contacts to network partners and other advice centres will be provided.

A very important aspect is the **relief of families**. This can be provided by care insurance benefits such as respite and short-term care (see [Information sheet No. 8](#) as well as offers of support in daily life (see [Information sheet No. 4](#)).

Short-term care: <https://kinderversorgungsnetz-berlin.de/>

Offers for assistance in everyday life: <https://www.pflegeunterstuetzung-berlin.de/unterstuetzung/uebersicht-aller-angebote>

Special offers for siblings:

[Help for and by siblings – Children's Care Network](#)

Socio-medical after-care

For up to six weeks after a hospital stay of the child, outpatient care at home can be prescribed by specialised institutions that analyse the care needs, coordinate the prescribed services and provide support for the provision of the services.

<https://www.bunter-kreis-deutschland.de/ueber-uns-standorte/>

Social paediatric centres/children's and adolescent outpatient clinics

With a referral from their attending physician families can obtain specialised advice, diagnosis, therapy and early intervention from multi-professional teams.

<https://www.dgspj.de/category/berlin+sozialpaediatrische-zentren>

[Koordinationsstelle der Kinder- und Jugendambulanzen und Sozialpädiatrischen Zentren \(KJA/SPZ\) in Berlin \(kja-spz-berlin.de\)](#)

Child and adolescent health service/child and adolescent psychiatric service

In each district preventive holistic health-related or psychological advice and medical examinations are provided up to the age of 18 years.

<https://www.berlin.de/lb/psychiatrie/hilfe-in-krise/hilfen-fuer-kinder-und-jugendliche/>

Youth Welfare Office

The Youth Welfare Office supports parents with questions about upbringing, supervision and education of their children. Family support benefits can be applied for there. In addition, the Youth Welfare Offices in Berlin are also responsible for providing participation services for children and adolescents with disabilities up to the age of 18 years. These services are intended to support people with disabilities in leading as independent a life as possible. For further information, please visit: <https://service.berlin.de/jugendaemter/>

EUTB Institutions

The Supplementary Independent Participation Advice Service (EUTB) supports and advises people with disabilities on issues relating to rehabilitation and participation.

<https://www.teilhabeberatung.de/artikel/ergaenzende-unabhaengige-teilhabe-beratung>

Children's Hospice

Families whose child has been diagnosed with a life-limiting illness have access to specialised outpatient, day care and inpatient facilities. From the time of diagnosis support is available throughout the long stages of illness and continues until the time of passing. The offers also serve to provide continuous or short-term relief in the care of the sick child. From the time of diagnosis of a life-limiting illness an external hospice can help in coping with the mental and physical strain of care giving. In-patient hospices provide a fitting setting for the time of parting.

https://wegweiser-hospiz-palliativmedizin.de/de/angebote/kinder_jugendliche

Child Protection Hotline Tel. 030 610066

The Child Protection Hotline is a low-threshold, telephone "round-the-clock" advice and support service and a first point of contact for anyone who is concerned about the well-being of children and adolescents.

Kinderversorgungsnetz Berlin

The online platform www.kinderversorgungsnetz-berlin.de provides an overview of Berlin's support and care system and enables professional exchange in the forum.

The staff of the care support centre will be happy to advise you

Toll-free Service Number 0800 59 500 59

www.pflegestuetzpunkteberlin.de

Support for the care centres is provided by the State of Berlin and the care and health insurance schemes in Berlin.