

## Information sheet no. 27

# Advice and assistance for memory disorders in old age

More and more people are suffering from memory and orientation disorders in old age. These disorders may have a variety of causes. Greater care and attention will be needed if someone is no longer able with everyday life due to memory and orientation problems, if they are finding it harder to concentrate or if they cannot cope in new situations. The memory consultation service is available to provide clarity about these disorders and can also diagnose the extent and cause of the disorders.

## **Charlottenburg-Wilmersdorf:**

Friedrich von Bodelschwingh-Klinik - Clinic for Psychiatry and Psychotherapy

Please remember to bring your initial consultation with you: Referral letter and medical assessment/testing, MRI scan, current medication schedule, most recent doctor's letters, confidentiality agreement

Appointments are available at the psychiatric outpatient clinic Landhausstr. 33-35, 10717 Berlin

Tel. 030 - 5472-7901

#### Friedrichshain-Kreuzberg:

Vivantes - psychiatric outpatient clinic of the Vivantes Hospital Am Urban

An initial diagnosis for early dementia. Send referral in advance. Consultation with referring doctor for patients under 50 years of age.

Dementia consultation for relatives: Tel. 030 – 130 22 60 30, Fax 030 – 130 22 60 45 Dieffenbachstraße 1, 10967 Berlin

### Lichtenberg:

Königin Elisabeth Herzberge Hospital - functional area geriatric psychiatry

Referral required. You may need a partial admission for diagnostics over 3 days, during which you must stay in the clinic during the day (partial inpatient diagnostics). Relatives should be present at the final consultation.

Appointments: Tel. 030 – 54724960 only for those with state insurance

Herzbergstraße 79, 10365 Berlin

#### Marzahn-Hellersdorf:

<u>Vivantes Klinikum Kaulsdorf, Memory Clinic in the Gerontopsychiatric Day Clinic,</u> Clinic for Psychiatry, Psychotherapy and Psychosomatics House 2, 4th floor

Registration Tel. 030 130 17 3651 or 3601 memoryclinic.khd@vivantes.de

#### Mitte:

#### Campus Charité Mitte - Neurological Outpatient Clinic

Memory consultation. Please bring: referral, MRI of the head, doctor's letters, medication list, laboratory values. Relatives are advised to attend.

Information and appointments by phone: Tel. 030 – 4505-60560 Schumannstraße 20/21, 10117 Berlin

Internal address: Bonhoeffer Weg 3, registration 1st floor, central appointment allocation for all Charité sites

## Psychiatric University Clinic of the Charité at St. Hedwig Hospital

Gerontopsychiatric Centre memory consultation with medical referral. Geriatric psychiatric outpatient clinic, advice centre for mental health in old age, social counselling without referral.

Information and appointments by phone: Tel. 030 – 2311-2500, Fax 030 – 2311-2749 Große Hamburger Str. 5-11, 10115 Berlin

#### Neukölln:

## Vivantes Neukölln Clinic - Clinic for Psychiatry, Psychotherapy and Psychosomatics

Please remember to bring: a referral is desirable, but not mandatory, laboratory tests if available, ECG results, CT and MRI images of the head, medical reports.

Tel. 030 – 130143420, Institutambulanz.knk@vivantes.de Rudower Str. 48, 12351 Berlin Pavillon 3 (P3), im Erdgeschoss, Raum 3003

No consultation hours are currently available, interested parties/persons concerned should contact Vivantes Klinikum Friedrichshain-Kreuzberg.

#### Pankow - Buch:

<u>Charité - Universitätsmedizin Berlin - Centre for Neurology, Neurosurgery and Psychiatry</u> Module Geriatric Medicine, Memory Consultation, at the Berlin Buch site.

Memory consultation in the university outpatient clinic with a medical referral. Appointments and diagnostics after sending in a questionnaire. (Available at the registration desk)

Information and appointments by phone: Tel. 030 – 450 540 077, Fax 030 – 450 540 997 E-mail: gedaechnissprechstunde@charite.de Haus 46, Lindenberger Weg 80, 13125 Berlin

#### Pankow - Weißensee:

Alexianer St. Josef-Krankenhaus, Berlin-Weißensee GmbH, Centre for Mental Health in Old Age and Behavioural Medicine

First consultation after a referral from a doctor. Diagnosis and treatment of memory disorders (outpatient, day-patient or inpatient). Further treatment will be provided the hospital (usually for 1 year) with memory training, counselling and groups for relatives, social services, exercise therapy, psychotherapy, follow-up diagnostics.

Information and appointments by phone:

Switchboard: 030 – 92790-0, 030 – 92790-308 or 030 – 92790-322, Fax 030 – 92790-750

Gartenstraße 1, 13088 Berlin

#### Reinickendorf:

<u>Vivantes Humboldt-Klinikum – Geronto-psychiatric Institute Outpatient Clinic</u>

Memory consultation by referral from a doctor. The patient is not allowed psychiatric treatment in the same clinical period.

Information and appointments by phone:

Tel. 030 - 13012-2429 Fax 030 - 13012-2419

Am Nordgraben 2, 13509 Berlin

## Spandau:

<u>Vivantes Spandau Hospital - Clinic for Psychiatry and Psychotherapy, Psychiatric Institute</u> Outpatient Clinic

Memory consultation by referral from a doctor.

Information and appointments by phone:

Tel. 030 - 13013-3001, fax 030 - 13013-3084

Neue Bergstraße 6, 13585 Berlin

## Steglitz-Zehlendorf:

Psychiatric Institute Outpatient Clinic Charite

University Medicine Berlin, Campus Benjamin Franklin Module Geriatric Medicine, Clinic and University Outpatient Clinic for Psychiatry and Psychotherapy.

Diagnosis of psychiatric illnesses (e.g. dementia) with medical referral. Admission to the outpatient clinic or studies possible.

Tel. 030 – 450 517685

E-mail: gedaechnissprechstunde@charite.de, fill out the questionnaire in advance! Hindenburgdamm 30, 12200 Berlin

MVZ Charité - Charite' - Universitätsmedizin Berlin, Campus Benjamin Franklin

Memory consultation: medical referral, medication list and previous findings. Initial consultation and further diagnostics (testing, MRI/CCT, EEG) by arrangement.

Information and appointments:

Tel. 030 – 450 550 606, e-mail: mvz-neurologie@charite.de Hindenburgdamm 30, 12200 Berlin

#### Tempelhof-Schöneberg:

<u>Institute outpatient clinic at Vivantes Wenckebach-Klinikum</u>, Clinic for Psychiatry, Psychotherapy and Psychosomatics Geronto-psychiatric Centre, Psychiatric Institute Outpatient Clinic

Diagnosis of psychiatric illnesses (e.g. dementia) on referral.

Information and appointments by phone:

Tel. 030 – 13019-2481, or 030 – 13019-2482, fax 030 – 13019-2475

Wenckebachstraße 23, 12099 Berlin

## **Treptow-Köpenick:**

Alexianer Hospital Hedwigshöhe - Psychiatric outpatient clinic

Memory consultation. The following documents are required: A referral letter, up-to-date laboratory chemical test results, up-to-date medication plan, cerebral imaging results - if available, other significant results.

Information and appointments by phone: Tel. 030 – 67413-222, Fax 030 – 67413-229 Höhensteig 1, 12526 Berlin

The staff at the nursing care support centre will be happy to assist you

Free service number: 0800 59 500 59

www.pflegestuetzpunkteberlin.de

The nursing care support centres are operated by the state of Berlin and the nursing care and health insurance companies in Berlin