



Information Sheet No. 27

Consultation and aid in case of impaired memory in old age

Increasingly more people suffer from impaired memory and orientation at higher age. These impairments may have very different causes. Increased attention must be paid if an individual can no longer manage their everyday life due to difficulties with memory and orientation or has difficulties in new situations. To clarify the reasons for these impairments memory consulting hours are offered to diagnose the extent and cause of the impairment.

Advice and assistance with memory disorders can be found here:

Consultants	Address/Telephone	Offer for diagnostics and treatment	Consultation hours
Alexianer St.-Josef-Krankenhaus Berlin-Weißensee GmbH, Mental health centre in old age and behavioural medicine	Gartenstraße 1 13088 Berlin Min line: 030 92790-0 Tel.: 030 - 92790-308 or 030 – 92790 -322 Fax: 030 - 92790-750	Initial consultation in the memory consultancy (with referral from a general practitioner or specialist). Outpatient diagnostic and therapy of memory impairments (out-patient, semi-, or fully stationary). Continued treatment at hospital (generally for 1 year) with memory training, family consultation and group, social services, physical therapy, psychotherapy, progression diagnostic (meaning determination of whether the impairment increases or decreases with time), and further treatments.	Telephone information and appointments: Mon. – Thurs. 08:00 – 16:00 h Fri.: 08:00 – 13:00 h (Answering machine available) Ms. Konopka

Consultants	Address/Telephone	Offer for diagnostics and treatment	Consultation hours
<p>Vivantes Wenckebach-Klinikum, Hospital of psychiatry and psychotherapy gerontological-psychiatric centre, psychiatric outpatient care</p> <p>Geronto psychiatry means: teaching of mental illness in old age</p>	<p>Wenckebachstraße 23 12099 Berlin Tel.: 030 – 13019-2481 or 030 – 13019-2482 Fax. 030 – 13019-2475</p>	<p>Diagnostic of psychiatric illnesses (e.g. dementia) with referral from the neurologist (specialist in mental diseases). Initial consultation in the Psychiatrischen Institutsambulanz (the psychiatric outpatient care department).</p>	<p>Telephone information and appointments: Mon. 12:00 – 14:00 h and 15:00 – 18:00 h Tues. 10:00 – 13:00 h Wed. 10:00 – 11:30 h Thurs. 10:00 – 13:00 h Fri. 10:00 – 13:00 h</p>
<p>MVZ Charité – Charite´ - University medicine Berlin, Campus Benjamin Franklin, Office of Dr. Lüschow/ Dr. Weber</p>	<p>Hindenburgdamm 30, 12200 Berlin, Tel. 030 – 450 550 606</p>	<p>Memory consultation: Appointment with health pass, referral from GP or neurologist, medication list and previous findings. Initial consultation and further diagnostics (testing, MRT/CCT,EEG) after consultation</p>	<p>Information by phone and appointments: Mon., Tues., Thurs. 09:00 – 15:00 h Email: neurologie@charite.de</p>
<p>Hospital and university outpatient care for psychiatry and psychotherapy - gerontological psychiatry Charité - University medicine Berlin, Campus Benjamin Franklin</p>	<p>Hindenburgdamm 30, 12200 Berlin, Tel. 030 – 450 517 685 gedaechtnissprechstunde@charite.de</p>	<p>Memory consultation in the university outpatient care department with referral from general practitioner or neurologist. Please bring brain MRI/CT images. For a detailed, complete diagnostic, 2-3 appointments are required. Participation in day clinic or research programmes possible. Director: Dr. Oliver Peters</p>	<p>Telephone information and appointments: Mon. – Thurs. 08:00 – 15:00 h Fri. 08:00 – 13:00 h</p>

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Campus Charité Mitte, neurological outpatient care	Schumannstraße 20/21, 10117 Berlin Internal address: Bonhoeffer Weg 3, Reception level 1, Central appointment booking for all Charité locations: Tel. 030 – 4505- 60560	Memory consultation with referral from neurologist. Bring with you: MRI (not older than ½ year), doctors letters, medication list, lab results. Further therapy by your attending neurologist. Relatives should be present. Knowledge of and ability to communicate in the German language is required. Exclusion criteria: depression, word finding trouble due to alcohol	Telephone information and appointments: Mon.- Fri. 08:00 – 15:50 h
Evangelisches Geriatriezentrum Berlin gGmbH Geriatrics means: medicine for the elderly	Reinickendorfer Str. 61 13347 Berlin Tel. 030 – 4594-1975 Email: gernot.laemmler@cha rite.de	Outpatient dementia diagnostic and consultancy for privately insured and self-paying patients. Offers for dementia patients at an early stage: Memory training courses for self-paying patients; free self-help groups. Compulsory insured persons: consultation at the day-clinic with referral from GP or neurologist. Prior cost clarification is necessary for the day clinic.	Telephone information and appointments: Mon. - Fri. 09.00 h - 15.00 h, Dr. Lämmler
Charité psychiatric university clinic at St. Hedwig- Krankenhaus, Gerontological psychiatry centre	Große Hamburger Str. 5 -11 10115 Berlin Tel. 030 – 2311-2500 Fax. 030 – 2311-2749	Memory consultation with referral from psychiatrist or neurologist. Gerontological psychiatry institute outpatient care, consulting office for mental health of the elderly, social consultancy (only tel. advise by social worker Ms. Schmitz and Ms. Krause- Köhler Tel.: 2311-2115)	Telephone information and appointments: Mon., Thurs.: 09:00 – 15:00 h Wed.: 10:30 – 15:00 h Tues. & Fri.: 09:00 – 14:00 h

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Krankenhaus Königin Elisabeth Herzberge Gerontological psychiatry	Herzbergstraße 79 10365 Berlin Tel. 030 – 5472-4960	GP or specialist referral required for admission to the memory outpatient care department. Initial consultation with specialist nurse, second consultation with doctor, followed by possible diagnostics/therapy. If necessary 3 days semi in-patient stay: you must remain at the clinic during the day (semi in-patient diagnostics). Family members to be present at the final consultation.	Telephone information and appointments: Mon. – Fri. 10:00 – 16:00 h compulsory insured persons only
Vivantes Klinikum Spandau hospital for psychiatry and psycho-therapy. outpatient clinic	Neue Bergstraße 6 13585 Berlin Tel.: 030 – 13013-3088 Fax: 030 – 13013-3084	Memory consultation with referral from GP or neurologist. Memory consultation: initial consultation with a doctor followed by decision on further diagnostics/therapy.	Telephone information and appointments: Mon., Tue., Thurs., Fri. 09:00 – 16:00 h Wed. 09:00 – 18:00 h
Vivantes Humboldt-Klinikum, Gerontological psychiatry outpatient clinic	Am Nordgraben 2 13509 Berlin Tel.: 030 – 13012-2429	Memory consultation with referral from GP or neurologist, diagnostic of dementia illnesses. Not in combination with treatments for: - psychotherapy - psychiatric treatment by a psychiatrist	Telephone information and appointments: Mon. – Tues. 9.00 - 13.00 h and 14:00 – 18:00h Wed., Thurs., Fri. 8:00 – 13:00 h and 14:00 – 16:00h
Charité - University hospital, Berlin, Neurology centre Neurosurgery and psychiatry Geriatric medicine Memory consultation location: Berlin Buch	Charité <u>Campus</u> Berlin-Buch. Haus 46 Lindenberger Weg 80 13125 Berlin Tel: 030-450 540 077 Fax: 030-450 540 997	Memory consultation in the university clinic with referral from the GP or neurologist. Appointments and diagnostics after return of a questionnaire. (Available at reception desk)	Telephone information and appointments: Mon.- Thurs.: 08:30-16:00 h Fri.: 08:30-15:00 h

Consultants	Address/Telephone	Offer for diagnostics and treatment	Consultation hours
Alexianer Hospital Hedwigshöhe- psychiatric outpatient clinic Memory consultation	Höhensteig 1 12526 Berlin Tel. 030-6741 3505	Consultation is primarily aimed at patients over 50 years of age. However, younger patients may also be seen in the outpatient department for clarification of cognitive disorders if deemed necessary by the attending physician. In this case, the referring physician should send a short written list of questions along with the referral. The referral can be done by any doctor. This should preferably be the patient's further-treating physician.	Telephone information and appointments: Ms. Susanne Beireich

The staff at the Consulting Centre are happy to help you.

Free service number: 0800 59 500 59

www.pflegestuetzpunkteberlin.de

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