



Information sheet no. 27

Advice and support for the loss of memory in the elderly

More and more people are suffering from memory and orientation disorders at an advanced age. There may be a range of causes for these disorders. There is a need for increased care and attention whenever somebody is no longer able to manage everyday activities due to problems with their memory and finding their way around, if they have problems with their concentration or find it hard to cope with new situations. To get a better understanding of these disorders, we can offer a memory consultation where the extent and cause of the disorders can be diagnosed.

Charlottenburg-Wilmersdorf:

Friedrich von Bodelschwingh Clinic - Clinic for Psychiatry and Psychotherapy

Please bring along to the initial consultation: assessment/ test results from the doctor making the referral, any MRIs, current medication plan, recent doctor's letters, the release from confidentiality obligation form for the attending doctor

Appointments through the psychiatric outpatient clinic: Mon – Fri 8:30 a.m. – 3 p.m.

Tel. 030 – 5472-7901

Landhausstr. 33-35, 10717 Berlin

Friedrichshain-Kreuzberg:

Vivantes - Psychiatric institute outpatient clinic at the Vivantes Clinic Am Urban

Early identification of the initial stages of dementia. Please forward a referral from your GP or a specialist. Consultation with the doctor who made the referral for patients under 50.

Dementia consultation hours for family members Mon – Fri 9 a.m. – 4 p.m.

Tel. 030 – 130 22 60 30, Fax 030 – 130 22 60 45

Dieffenbachstraße 1, 10967 Berlin

Lichtenberg:

Queen Elisabeth Herzberge Hospital - Functional area gerontological psychiatry

A referral from a GP or specialist is required for admission to the memory outpatient clinic. Initial appointment with a specialist nurse, Second appointment with a doctor, then a decision will be made about further diagnostics / therapy. A day-patient admission to carry out tests may be required for 3 days, during which the patient will need to stay in the clinic for the day (day-patient diagnostics). Relatives should be present for the final consultation.

Appointments: Mon - Fri 10:00 – 4 p.m. only for those with statutory insurance

Tel. 030 – 54724960

Herzbergstraße 79, 10365 Berlin

Marzahn-Hellersdorf:

Vivantes Clinic Hellersdorf, local area Wilhelm-Griesinger Hospital, Clinic for Psychiatry and Psychotherapy / Gerontological Psychiatry. Tests for psychiatric conditions (including



dementia) with a referral from a GP or neurologist. Initial appointment in the Institute's outpatient clinic, gerontological psychiatry. Tests and therapy in the day clinic following the initial appointment.

Telephone information and to make an appointment: Mon, Tue, Thu, Fri 9 a.m. – 4 p.m.

Tel. 030 – 5680-3592, Fax 030 – 5680-3539

Brebacher Weg 15, Haus 41, 2. OG, 12683 Berlin

Mitte:

Campus Charité Mitte - Neurological Outpatient Clinic

Memory consultation hours with a referral from a neurologist. Please bring: MRI of the head, doctor's letters, list of medication, lab results. Additional therapy provided by the neurologist. Family members should be present. Final appointment, written report to the doctor who made the referral.

Telephone information and to make an appointment: Mon – Fri 8:30 – 4 p.m.

Tel. 030 – 4505-60560

Schumannstraße 20/21, 10117 Berlin

Internal address: Bonhoeffer Weg 3, reception 1st floor, central appointments for all Charité locations

The Charité Psychiatric University Clinic at the St. Hedwig's Hospital

Gerontological Psychiatric Centre memory consultation hours with a referral from a GP or neurologist. Gerontological psychiatric institute outpatient clinic, advisory service for mental health in the elderly, social counselling without a referral.

Telephone information and to make an appointment: Mon, Thu 9 a.m. – 3 p.m., Tue, Fri 9 a.m. – 3 p.m., Wed 10:30 – 3 p.m.

Tel. 030 – 2311-2500, Fax 030 – 2311-2749

Große Hamburger Str. 5-11, 10115 Berlin

Neukölln:

Vivantes Clinic Neukölln - Clinic for Psychiatry, Psychotherapy and Psychosomatics

Please bring with you: referral from your GP desirable, but not absolutely essential, lab tests if available, ECG results, CT and MRI scans of the head, medical reports.

Mon – Fri 9 a.m. - 3 p.m.

Tel. 030 – 130143420, Institutambulanz.knk@vivantes.de

Rudower Str. 48, 12351 Berlin

Pavillon 3 (P3), on the ground floor, Room 3003

Pankow - Buch:

Charité - University Medical Centre Berlin - Centre for Neurology, Neurosurgery and Psychiatry

Module Geriatric Medicine, memory consultation hours, on site: Berlin Buch. Memory consultation hours at the university outpatient clinic with a referral from a GP or neurologist. Appointments and tests can be arranged once the questionnaire has been returned. (Available from Reception)

Telephone information and to make an appointment: Mon - Fri 09 a.m. - 3 p.m.

Tel. 030 – 450 540 077, Fax 030 – 450 540 997

E-Mail: gedaechtnissprechstunde@charite.de



Building 46, Lindenberger Weg 80, 13125 Berlin

Pankow - Weißensee:

Alexianer St. Josef's Hospital, Berlin-Weißensee GmbH, Centre for Mental Health in the Elderly and Behavioural Medicine

Initial appointment at the memory consultation hours (following a referral from a GP or specialist). Diagnostics and therapy for memory disorders (outpatient, day-patient or full admission). Further treatment provided by the hospital (usually for 1 year) with memory training, counselling and group for family members, social assistance, movement therapy, psychotherapy, progression diagnostics (i.e. to determine whether the disorders will become more or less severe over time) and more.

Telephone information and to make an appointment: Mon – Fri 8 a.m. – 2 p.m.

Switchboard: 030 – 92790-0, 030 – 92790-308 or 030 – 92790-322, Fax 030 – 92790-750
Gartenstraße 1, 13088 Berlin

Reinickendorf:

Vivantes Humboldt Clinic - Gerontological Psychiatric Institute Outpatient Clinic

Memory consultation hours with a referral from a GP or neurologist, diagnosis of dementia conditions. The patient must not be receiving preliminary psychiatric treatment in the same quarter.

Telephone information and to make an appointment: Mon – Tue 9 a.m. – 6 p.m. and Wed, Thu, Fri 8 a.m. – 4 p.m.

Tel. 030 – 13012-2429 Fax 030 – 13012-2419
Am Nordgraben 2, 13509 Berlin

Spandau:

Vivantes Clinic Spandau - Clinic for Psychiatry and Psychotherapy, Psychiatric Institute Outpatient Clinic

Memory consultation hours with a referral from a GP or neurologist. Memory consultation hours: Initial appointment with a doctor and a decision will be made about further tests / therapy.

Telephone information and to make an appointment: Mon, Tue, Thu, Fri 8 a.m. – 4 p.m. and Wed 8 a.m. – 6 p.m.

Tel. 030 – 13013-3001, Fax 030 – 13013-3084
Neue Bergstraße 6, 13585 Berlin

Steglitz-Zehlendorf:

Psychiatric Institute Outpatient Clinic Charité

University Medical Centre Berlin, Campus Benjamin Franklin Module Geriatric Medicine, clinic and university outpatient clinic for psychiatry and psychotherapy.

Testing for psychiatric conditions (e.g. dementia) with a referral from a neurologist or a GP in private practice. Admission may be to the day clinic or for observation.

Mon – Thu 9 a.m. – 4 p.m., Fri 9 a.m. – 1 p.m., tel. 030 – 450 517685

E-Mail: gedaechnissprechstunde@charite.de, please complete questionnaire in advance!
Hindenburgdamm 30, 12200 Berlin



MVZ Charité – Charité- University Medical Centre Berlin, Campus Benjamin Franklin

Memory consultation hours: appointments with a health card, referral from a GP or neurologist, list of medication and preliminary reports. Initial appointment and additional diagnostics (testing, MRT/CCT, EEG) by arrangement.

For information and to make an appointment: Mon – Fri 11 a.m. – 4 p.m.

Tel. 030 – 450 550 606, e-mail: mvz-neurologie@charite.de

Hindenburgdamm 30, 12200 Berlin

Tempelhof-Schöneberg:

Institute outpatient clinic at the Vivantes Wenckebach Clinic, Clinic for Psychiatry, Psychotherapy and Psychosomatics Gerontological Psychiatric Centre, psychiatric institute outpatient clinic

Diagnosis of psychiatric conditions (e.g. dementia) with a referral from a neurologist. Initial appointment at the institute outpatient psychiatric clinic.

Telephone information and to make an appointment: Mon – Fri 9 a.m. - 12 noon

Tel. 030 – 13019-2481, or 030 – 13019-2482, Fax 030 – 13019-2475

Wenckebachstraße 23, 12099 Berlin

Treptow- Köpenick:

Alexianer Hospital Hedwigshöhe - Institute Outpatient Psychiatric Clinic

Memory consultation hours, detailed initial psychiatric appointment, psychiatric examination, neuropsychological examinations of cognitive performance, informing patients and their relatives about test results, initial pharmacological assessment, if indicated. The clinic requires the following documents: referral certificate with the patient's current telephone number, current laboratory test results for chemistry, current medication plan, cerebral imaging scans – if available, other relevant reports.

Telephone information and to make an appointment: Mon, Tue 8 a.m. – 4 p.m. or Wed, Fri 8 a.m. – 12 noon or Thu 8 a.m. – 3 p.m.

Tel. 030 – 67413-904, Fax 030 – 67413-229

Höhensteig 1, 12526 Berlin

The staff at the care support centre will be happy to advise you.

Free service number: 0800 59 500 59

www.pflegestuetzpunkteberlin.de

The responsible body for the care support centres are the state of Berlin and the health and care insurance companies in Berlin