



## Information Sheet No. 15

# Check list Assisted Living for the Elderly Service Living

Assisted residential facilities (see also Information Sheet No. 14 Assisted Living) differ greatly in terms of facilities, service package and cost. This relatively new service is not the solution for everyone. Therefore, it is important to gather information ahead of time about all types of services for assistance and care. If you have decided in favour of this kind of living, we would like to provide you with a small checklist that will help on your first visit.

<b>Location of the facility</b>	
Are services such as a bank, a grocery shop, a hairdresser and a doctors' office nearby?	yes <input type="checkbox"/> no <input type="checkbox"/>
Are there communal areas such as café, restaurant, hobby room?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a park or garden?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a direct connection to public transportation?	yes <input type="checkbox"/> no <input type="checkbox"/>
Do you like the size of the facility?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is the facility suitably equipped for seniors and disabled (wheelchair access to the building, wide, unobstructed paths, elevator with automatic doors, etc.)?	yes <input type="checkbox"/> no <input type="checkbox"/>

<b>Apartment</b>	
Does the furnishing of the apartment meet your expectations?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is the room suitably equipped for seniors and disabled (disabled toilet and shower, door width at least 80 cm, level access to the balcony, no thresholds, etc.)?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a balcony or terrace?	yes <input type="checkbox"/> no <input type="checkbox"/>

<b>Basic services</b>	
Is the basic service package as small as possible?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a separate contract for care service?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is a (socio-educational) specialist available in-house who can provide information, consultation and facilitate services?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is someone in the office every day?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a janitorial service (Ask what the service includes)?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is a 24-hour emergency call service available?	yes <input type="checkbox"/> no <input type="checkbox"/>
Will you be nursed in an emergency or in case of illness? (Ask what the service includes and its extent)	yes <input type="checkbox"/> no <input type="checkbox"/>
Are there communal meal times?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there a programme for recreational activities?	yes <input type="checkbox"/> no <input type="checkbox"/>

<b>Elective services</b>	
Gather detailed information about the elective services available.	
Can the service provider be chosen individually?	yes <input type="checkbox"/> no <input type="checkbox"/>
Do the elective services offered meet your expectations, requests and needs?	yes <input type="checkbox"/> no <input type="checkbox"/>
Are the associated costs listed in detail?	yes <input type="checkbox"/> no <input type="checkbox"/>
Are the termination dates for the services contractually regulated?	yes <input type="checkbox"/> no <input type="checkbox"/>

<b>Information and admission criteria</b>	
Did the service providers have a detailed and professional informative discussion with you?	yes <input type="checkbox"/> no <input type="checkbox"/>
Did the service providers take time during the first information discussion, and were your personal needs and requests addressed?	yes <input type="checkbox"/> no <input type="checkbox"/>
Is there an admission restriction in terms of extent of care required?	yes <input type="checkbox"/> no <input type="checkbox"/>
In case of high need of care, can you stay in your home?	yes <input type="checkbox"/> no <input type="checkbox"/>

<b>Contract</b>	
Are there separate contracts (rental contract and service contract?)	yes <input type="checkbox"/> no <input type="checkbox"/>
Are the costs associated with rent, utilities, basic services and elective services listed in detail?	yes <input type="checkbox"/> no <input type="checkbox"/>
Are the termination dates for the rental contract and service contract contractually regulated?	yes <input type="checkbox"/> no <input type="checkbox"/>

**The staff at the nursing support centre is happy to advise you**

**Free service number: 0800 5950059**

**[www.pflegestuetzpunkteberlin.de](http://www.pflegestuetzpunkteberlin.de)**

The responsible body for the nursing support centre are the insurance companies of Berlin and the state Berlin.