



## Information Sheet No. 12

### Checklist Nursing Home

This checklist contains a number of criteria that is important for the assessment and comparison of nursing homes. Several nursing homes should be visited. Please note: A nursing home that meets all of these criteria does not exist. Nevertheless, it is useful to compare nursing homes using the checklist and to select the most appropriate home for you.

#### Location of the facility

Do you like the location of the facility (lawn, close to previous residence, city)	yes / no
Is there is a direct connection to public transportation?	yes / no
Can your relatives and friends easily and quickly reach the nursing home?	yes / no
Are shopping areas close by?	yes / no

#### Facility furnishing

Does the size of the home match your expectations?	yes / no
Is the number of residents per room according to your wishes?	yes / no
Is the facility suitably equipped for seniors and the disabled (wheelchair access to the building, wide, unobstructed paths, elevator with automatic doors, etc.)?	yes / no
Is there a park or garden?	yes / no
Are there communal areas i.e. cafes, rooms for private celebrations, guest, rooms, prayer room?	yes / no

## Furnishing of resident rooms

Do you like the room (size, brightness, layout, furnishings)?	yes / no
Is there a call / an emergency call system at the bed?	yes / no
Is the room / toilet and shower barrier-free and handicapped accessible (is the door width at least 80 cm, no thresholds, etc.)?	yes / no
Do you have a private bathroom or is it shared by several residents?	yes / no
Can personal furniture be brought and possibly pets?	yes / no
Is a private telephone / internet line possible? Otherwise, how are incoming phone calls for residents handled?	yes / no
Is there a private a private mailbox for each resident?	yes / no
Is there a balcony or patio?	yes / no

## Care and support

Is there a particular procedure for your own home during the first weeks?	yes / no
Is the planning of care discussed jointly and can care documentation be reviewed at anytime?	yes / no
Are there enough entertainment or cultural offers? Is there a monthly schedule?	yes / no
Are there social workers, therapeutic offers and services (i.e. hairdresser, foot care,...) available?	yes / no
Is there a protected area for patients suffering from dementia? Is the staff specially trained?	yes / no
How is medical care regulated? Is there a cooperation with GPs and specialists and can they be reached promptly? How many trained personnel is on duty during the day and at night?	yes / no
Am I ensured that my will (power of attorney / living will) is taken into account in difficult life situations?	yes / no
Is palliative care possible and regulated?	yes / no
Is end-of-life-care in the home possible and are relatives part of this? Are there farewell rituals and grief groups?	yes / no

## Meals

Are meals eaten together?	yes / no
Can meals be served in the room on request or as needed?	yes / no
Are there flexible meal times (e.g. breakfast buffet 8-10 o'clock)?	yes / no
Can meals be suggested, meal choice be made, is there a meal plan? What dietary meal options are available?	yes / no
Are meals cooked in the home?	yes / no

## Information and Admission Criteria

Did a detailed consultation with the provider take place / was offered?	yes / no
Did you receive precise information about costs and financial support options available by law?	yes / no
Were your personal wishes and needs addressed?	yes / no
Is the atmosphere and the tone in the facility positive?	yes / no
Is there a resident's advisory board? How is it comprised and when do they meet?	yes / no
What are the terms of termination?	yes / no

**The staff at the Consulting Centre are happy to help you.**

**Free service number: 0800 5950059**

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