



Information sheet no. 1

Home nursing care – temporary care

If you need nursing treatment, this does not mean that you need to be admitted to an inpatient facility such as a clinic. In many cases, this kind of treatment can also be provided at home by outpatient nursing services. The legal basis for home nursing care is set out in the German Social Security Code (SGB) V.

Home nursing care includes basic nursing and treatment as well as domestic care and is prescribed by the doctor in charge of your treatment.

Anyone who is insured is entitled to receive home nursing care,

- if hospital treatment would be needed but cannot be provided or if inpatient hospital treatment can be avoided or shortened (hospital avoidance care),
- if the nursing care is required to secure the purpose of medical treatment (back-up care),
- due to serious illness or acute exacerbation of an illness, in particular following hospitalisation, outpatient surgery or outpatient hospital treatment (supportive care).

Policy holders will be given the treatment care, basic care and domestic care they need as part of the supportive care.

Treatment care. This includes nursing procedures carried out by qualified nursing staff in co-operation with the attending physician, such as

- Changing of bandages; treatment of wounds
- Administering medication; injections
- Fitting compression stockings.

Basic care: This includes things like

- Assistance with getting dressed and with washing as well as help with feminine hygiene
- Bedding and positioning; decubitus prophylaxis (prevention of bedsores)
- Assistance with getting up and walking
- Assistance when eating.

Domestic care: This includes help with living and running the household. This includes

- Cleaning the home; heating the home
- Cleaning laundry and clothes
- Shopping
- Preparation of meals.

Affected patients may receive home nursing care services if they are unable to carry out the necessary nursing care procedures independently and nobody else living in the household is able to do so.

A co-payment of €10 per prescription will be charged by the health insurance company for home nursing care services. Policyholders must also pay 10% of the costs of the treatment themselves - for a maximum of 28 days per calendar year.

These co-payments are waived for policyholders who are exempt from the prescription fee or if home care is required due to pregnancy or childbirth.

Domestic nursing care is provided as a benefit in kind. This means that the care service used for this purpose will settle the bill directly with the health insurance company. Home nursing care may only be provided by nursing services that have agreed a corresponding care contract with the health insurance fund.

Before a healthcare service can provide home nursing care, the health insurance company must have agreed to cover the costs of the corresponding service in accordance with the corresponding regulations.

Short-term nursing care if there is no need for long-term care

If the services provided by home nursing care prevent the insured person from receiving adequate care in their own home, they may take advantage of **short-term care** in a suitable facility as a benefit from the statutory health insurance funds. The health insurance company will cover the costs of short-term care up to a total amount of €1,774 (limited to 56 days per calendar year). If patients are already receiving care insurance benefits, short-term care must be utilised within this framework. (See information sheet no. 8)

Temporary nursing care in hospital

If, following hospital treatment, the home nursing care, short-term care, medical rehabilitation services or care services that are needed cannot be provided or can only be provided at considerable expense, temporary care may be provided for up to 10 days in the hospital where the treatment was provided. Temporary care in hospital includes the provision of medicines, remedies and aids, the activation of patients, basic nursing and treatment care, discharge management, accommodation and meals as well as the medical treatment required in individual cases.

The staff at the nursing care support centre will be happy to assist you

Free service number 0800 5950059

<http://www.pflegestuetzpunkteberlin.de>

The nursing care support centres are operated by the state of Berlin and the nursing care and health insurance companies in Berlin